



MOBLEY MD
Facial Plastic Surgery
Skin Care & Aesthetics

Look GREAT
Feel GREAT
MoblelyMD.com

Post Op Instructions Following Functional Nasal Surgery

Caring for your Stitches

- All the stitches placed on the outside of the nose will dissolve. Clean then 2-4 times per day with hydrogen peroxide, then apply small “smear” of antibiotic ointment and they will naturally begin to dissolve and fall out.

Removing your Nasal Cast

- The nasal cast needs to be left on for 3-7 days. Dr. Mobley or his staff will tell you on which day it is OK to remove this cast.
- To remove the cast, get in the shower and allow the water to hit your forehead and run down your face. The goal is to have water trickling down your face, down over the nose and drenching the nasal cast with water.
- The nasal cast needs to be so wet from the trickling down water that it simply “falls off” your nose. It is very important the cast falls off the nose. Do not “peel” the cast off of the nose
- If you get the cast wet enough, it will just easily come away from your nose.

MOBLEY MD
Facial Plastic Surgery
Skin Care & Aesthetics