



MOBLEY MD

Facial Plastic Surgery
Skin Care & Aesthetics

Over the Counter Medications & Products.....

*These items are necessary for your post op care. Most patients find it convenient to pick them up at the same time you are getting your prescriptions filled.

For General Care of your Stitches:

- 1.) Bacitracin Antibiotic Ointment. (Dr. Mobley prefers Bacitracin, but Neosporin is acceptable if the pharmacy does not have Bacitracin)
- 2.) Hydrogen peroxide Use 2-4 times daily for cleaning your stitches

For Patients undergoing Nasal Surgery:

- 1.) Afrin (generic= oxymetazoline): Use 2-3 puffs in each nostril 2-3 times per day as needed. Do not exceed 5-7 days of usage without Dr. Mobley's approval.
- 2.) Saline Nasal Spray (not saline rinse). Use liberally with multiple puffs into each nostril to wash away "debris" from inside the nasal passages. Use for approximately one week.

Please use the office number (801)-449-9990 for most post-operative questions.

In case of Emergency or Urgency, Dr. Mobley's cell is 801-230-2725.

Alternatively there is a Mobley MD practice after hours cell: 801-989-7407

Many post op educational videos and forms can be found on:

MoblelyMD.com/Care